# Monis Homemade

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FOUR CHEESE



ROASTED JALAPEÑO



REDUCED FAT



MAC & BEEF

REAL FOOD, QUALITY INGREDIENTS

#### **FOUR CHEESE MAC & CHEESE**



GTIN 744463100012 CASE GTIN 10744463300013 Case Cube Ft. 0.515 Case Dimensions 11 x 9 x 9 TI x HI 12 x 9 Pallet 162 Case Weight 10lbs Case Pack 12 Unit size 100z

#### **Nutrition Facts** Serving Size 1 cup (198g) Servings Per Container 1.25 Amount per Serving Calories 340 Calories from Fat 130 % Daily Value Total Fat 14g Saturated Fat 8d Trans Fat Og Cholesterol 45mg 15% Sodium 550mg Total Carbohydrate 37g Dietary Fiber less than 1g Sugars 3g Protein 15a Vitamin A 10% • Vitamin C 0% Calcium 25% • Iron 45% \*Percent Daily Values are based on a 2,000 calorie diet. Your daily values re be higher or lower depending on your calorie needs: Calories: Total Fat Less Than Fotal Carbohyd Dietary Fiber

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Cooked elbow macaroni (water, enriched semolina {durum wheat semolina, niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid}), milk, cheddar cheese (pasteurized cow's milk, cheese cultures, salt, Enzymes, Annatto {color}), havarti cheese, (pasteurized cow's milk, cheese cultures, salt rennet, calcium chloride), imported gouda cheese (pasteurized cow's milk, cheese cultures, rennet, salt, carotene {color}), imported swiss cheese (part skim cow's milk, cheese cultures, salt, enzymes), Unbleached flour (unbleached wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), butter (pasteurized cream, salt, annatto {color}), modified rice starch, salt, spices.

CONTAINS MILK AND WHEAT.

#### REDUCED FAT MAC & CHEESE



GTIN 744463100029 CASE GTIN 10744463300020 Case Cube Ft. 0.515 Case Dimensions 11 x 9 x 9 TI x HI 12 x 9 Pallet 162 Case Weight 8lbs Case Pack 12 Unit size 80z

Nutrition Serving Size 1 cup (19		CIS
Servings Per Contain		notely 1
Servings Fer Contain	ы арргохіі	nately I
Amount per Serving		
Calories 300 Cal	ories from	Fat 80
	% Dail	v Value*
Total Fat 9g		14%
Saturated Fat 5g	1).	25%
Trans Fat Og		
Cholesterol 25mg	1	8%
Sodium 680mg	9	28%
Total Carbohydra	to 30a	13%
Dietary Fiber 2g	to oog	8%
Sugars 4g		0 /0
Protein 17g		
Protein 17g		
Vitamin A 6%	Vitamin (	004
Calcium 35%		0 / 0
*Percent Daily Values		n a
2,000 calorie diet. You		
be higher or lower depo	ending on y	our ,
calorie needs:	0.000	0.500
Calories: Total Fat Less Than	2,000 65a	2,500
Sat Fat Less Than	20g	250
Cholesterol Less Than		300mg
Sodium Less Than		2,400mg
Total Carbohydrate Dietary Fiber	300g	3750
	25a	300

INGREDIENTS: Cooked elbow macaroni (water, enriched semolina {durum wheat semolina, niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid}), non fat milk, cheddar cheese, (pasteurized cow's milk, cheese cultures, salt, enzymes, annatto {color}), Unbleached flour (unbleached wheat flour, niacin, reduced iron, thiamine momonitrate, riboflavin, folic acid), salt, modified rice starch, spices.

CONTAINS MILK AND WHEAT.

## ROASTED JALAPEÑO MAC & CHEESE



GTIN 744463100043
Case GTIN 10744463300044
Case Cube Ft. 0.515
Case Dimensions 11 x 9 x 9
TI x HI 12 x 9
Pallet 162
Case Weight 8lbs
Case Pack 12
Unit size 100z

Amount per Serving	Nutrition Serving Size 1 cup (19	8a)	
Amount per Serving  Calories 340 Calories from Fat 130  % Daily Value:  Total Fat 14g 22e% Saturated Fat 8g Trans Fat 0g  Cholesterol 45mg 15% Sodium 550mg 23% Total Carbohydrate 37g Dietary Fiber less than 1g Sugars 3g Protein 15g  Vitamin A 10% - Vitamin C 0% Calcium 25% - Iron 45% - Iron 45% Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: Calories: Calories: 2,000 2,500 Total Fat Less Than 65g 80 Sat Fat Less Than 20g 2,500 Collosterol Less Than 30mg Sodium Less Than 200 Sodium Less Than 2,400mg 2,400mg Sodium 2,400mg 2,400mg Sodium 2,400mg 2,400mg Sodium 2,400mg Sodium 2,400mg Sodium 2,400mg Sodium 3,550 Sodium 3,5			
Calories 340 Calories from Fat 130 % Daily Valuer  Total Fat 14g 22º% Saturated Fat 8g 40º% Trans Fat 0g  Cholesterol 45mg 15º% Sodium 550mg 23º% Total Carbohydrate 37g 12º% Dietary Fiber less than 1g 4º% Sugars 3g  Protein 15g  Vitamin A 10% • Vitamin C 0%  **Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: Calories 20 00 2500 Total Fat Less Than 50g 800 Sat Fat Less Than 20g 250 Sodium Less Than 300mg 300mg Sodium Less Than 200mg 2400mg Sodium Less Than 24,000mg 24,000mg	Dorvingo i or doritami	or tile o	
Total Fat 14g	Amount per Serving		
Total Fat 14g   22%	Calories 340 Calo	ries from	Fat 130
Saturated Fat 8g		% Dail	v Value
Saturated Fat 8g	Total Fat 14g		22%
Trans Fat 0g  Cholesterol 45mg  15%  Sodium 550mg  23%  Total Carbohydrate  37g  Dietary Fiber less than 1g  Sugars 3g  Protein 15g  Vitamin A 10%  - Vitamin C 0%  Calcium 25%  - Iron 45%  - Iron 45%  - Protein 15g  Vitamin C 0%  Calcium 25%  - Iron 45%  - I			40%
15%   200   25%			-10 //
Sodium   550mg   23%     Total Carbohydrate   37g   12%     Dietary Fiber   less than 1g   4%     Sugars 3g     Protein   15g     Vitamin A 10%   Vitamin C 0%     Calcium 25%   Iron 45%     Percent Daily Values are based on a     2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:     Calories: 2,000   2,500     Calai Eat Less Than 65g   80     Sat Fat Less Than 65g   80     Sat Fat Less Than 30mg   300mg     Sodium Less Than 2,400mg 2,400mg     Sodium 2,400mg 2,400mg     Sodium 2,400mg 2,400mg 2,400mg 2,400mg     Sodium 2,400mg 2,400mg 2,400mg 2,400mg 2,400mg     Sodium 2,400mg 2,400mg 2,400mg 2,400mg 2,400mg 2,400mg     Sodium 2,40		,	15%
Total Carbohydrate   37g   12%		,	
Dietary Fiber   less than 1g   49%		4- 07	
Sugars 3g <b>Protein</b> 15g  Vitamin A 10% • Vitamin C 0%  Calcium 25% • Iron 45%  Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:  Calories: 2,000 2,500  Total Fat Less Than 65g 80; Sat Fat Less Than 65g 80; Collosterol Less Than 300mg 300mg Sodium Less Than 2,400mg 2,400mg Sodium Less Than 2,400mg 2,400mg Collosterol Less Than 300mg 300mg Sodium Less Than 300mg 300mg Sodium Collosterol Less Than 300mg 300mg Sodium Less Than 300mg Sodium 30			
Protein         15g           Vitamin A 10%         • Vitamin C 0%           Calcium 25%         • Iron 45%           *Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:         Calories: 2,000         2,500           Total Fat Less Than 65g         80         25           Sat Fat Less Than 20g         25         Cholesterol Less Than 30mg         30mm           Sodium Less Than 2,400mg         2,400mg         2,400mg         2,400mg           Total Carbolydrate         300         375/2         300         375/2		than 1g	4%
Vitamin A 10% • Vitamin C 0%  Calcium 25% • Iron 45%  *Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:  Calories: 2,000 2,500  Total Fat Less Than 65g 80; 3al Fat Less Than 200; 250  Cholesterol Less Than 300mg 300mg  Sodium Less Than 2,400mg 2,400mg  Total Carbon/worldate 300 3756			
Calcium 25% - Iron 45% - Precent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calorie seeds. Calorie seeds. Calorie seeds. Calories: 2,000 2,500 Total Fat Less Than 65g 80 Sat Fat Less Than 20g 2,500 Cholesterol Less Than 300mg 300mg Sodium Less Than 2,400mg 2,400mm Calcabon/burdate 300 3756	Protein 15g		
Calcium 25% - Iron 45% - Precent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calorie seeds. Calorie seeds. Calorie seeds. Calories: 2,000 2,500 Total Fat Less Than 65g 80 Sat Fat Less Than 20g 2,500 Cholesterol Less Than 300mg 300mg Sodium Less Than 2,400mg 2,400mm Calcabon/burdate 300 3756		*****************	and the second second
**Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:  Calories: 2,000 2,500 Total Fat Less Than 65g 80; Satl Fat Less Than 20g 25; Cholesterol Less Than 300mg 300mg Sodium Less Than 2,400mg 2,400mg Total Carbohydrate 300 3756	Vitamin A 10% •	Vitamin (	0%
2,000 calorie diet. Your daily values may be higher of lower depending on your calorie needs:         Calories:         2,000         2,500           Total Fat         Less Than         65g         80g           Sat Fat         Less Than         300mg         300mg           Sodium         Less Than         300mg         2,400mg           Your Less Than         2,400mg         2,400mg         2,400mg           Total Carbohydrate         300         3756			
be higher or lower depending on your calorin needs:  Calories: 2,000 2,500  Total Fat Less Than 65g 8x1 Fat Less Than 20g 25c  Cholesterol Less Than 300mg 300mg  Sodium Less Than 2,400mg 2,400mg  Total Carbohydrate 300 3756			
calorie needs:           Calories:         2,000         2,500           Total Fat         Less Than         65g         80¢           Sat Fat         Less Than         20g         25¢           Cholesterol         Less Than         3,00mg         3,00mg           Sociatum         Less Than         2,400mg         2,400mg           Total Carbohydrate         300         3575			
Calories:         2,000         2,500           Total Fat         Less Than         65g         80g           Sat Fat         Less Than         20g         25g           Cholesterol         Less Than         300mg         300mg           Sodium         Less Than         2,400mg         2,400mg           Total Carbohovdrate         300a         375c		criting on y	oui
Sat Fat Less Than 20g 25g Cholesterol Less Than 300mg 300mg Sodium Less Than 2,400mg 2,400mg Total Carbohydrate 300g 375g		2,000	2,500
Cholesterol Less Than 300mg 300mg Sodium Less Than 2,400mg 2,400mg Total Carbohydrate 300g 375c			800
Sodium Less Than 2,400mg 2,400mg Total Carbohydrate 300g 375g			
Total Carbohydrate 300g 375g	Cholesterol Less Than	300mg	300mg
Total Carbonyurate 300g 3/50			
	Dietary Fiber	25g	300

INGREDIENTS: Cooked elbow macaroni (water, enriched semolina {durum wheat semolina, niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid}), milk, cheddar cheese (pasteurized cow's milk, cheese cultures, salt, Enzymes, Annatto {color}), havarti cheese, (pasteurized cow's milk, cheese cultures, salt, rennet, calcium chloride), imported gouda cheese (pasteurized cow's milk, cheese cultures, rennet, salt, carotene {color}), imported swiss cheese (part skim cow's milk, cheese cultures, salt, enzymes), rice flour, roasted jalapeno peppers, salt, modified rice starch, spices.

CONTAINS MILK AND WHEAT.

### **FOUR CHEESE MAC & CHEESE**



GTIN 744463100036 CASE GTIN 10744463100033 Case Cube Ft. 0.515 Case Dimensions 11 x 9 x 9 TI x HI 12 x 9 Pallet 162 Case Weight 10lbs Case Pack 12 Unit size 100z

Serving Size 1/2 Package (1	70g)
Servings Per Container 2	
Amount per Serving	
Calories 280 Calories fr	om Fat 110
	Daily Value
Total Fat 12g	189
Saturated Fat 6g	309
Trans Fat Og	30
	129
Cholesterol 35mg	
Sodium 560mg	239
Total Carbohydrate 2	
Dietary Fiber 1g	49
Sugars 3g	
Protein 12g	
Vitamin A 10% · Vitar	nin C 0%
Calcium 15% • Iron :	
*Percent Daily Values are bas	sed on a
2,000 calorie diet. Your daily	
be higher or lower depending calorie needs:	on your
	00 2.500
	5a 80a
	Og 25g
	mg 300mg
Sodium Less Than 2,400	
	00g 375g 25a 30a
Diotal y Fibel	Log oug

INGREDIENTS: Cooked elbow macaroni (water, enriched semolina {durum wheat semolina, niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid}), homogenized milk, tomatoes, 4 cheese blend (cheddar cheese {pasteurized cow's milk, cheese cultures, salt, enzymes, annatto for color)), havarti cheese (pasteurized cow's milk, cheese cultures, rennet, salt, carotene {color}), imported swiss cheese (part-skim cow's milk, cheese cultures, salt, enzymes, cellulose {anti-caking agent}), ground beef, unbleached flour (unbleached wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), carrots, celery, onions, extra virgin olive oil, butter (pasteurized cream, salt, annatto {color}), salt, rice starch, sugar, water, garlic, basil, spices.

CONTAINS MILK AND WHEAT.